

CHIRO Biz

tCaS
The Chiropractic Alumni for the graduates of
The Sydney College of Chiropractic & Macquarie University
Volume 3 - Issue 1 - May 2010

Twenty years at Macquarie University!

President's Message

Welcome to our latest edition of Chirobiz. 2009 was so exciting for our alumni of Macquarie University and the Sydney College of Chiropractic as we celebrated a most memorable Golden Jubilee. Photos and a report are inside.

Your alumni organisation has been busy with further work on Scholarship fundraising, a successful breakfast held at the CAAN Conference in Canberra, a photo-shoot day to meet the Macquarie Class of 2009, preparation and publication of their Yearbook and organising the Graduation Ball on April 9 (details in the next edition).



Last October, many graduates and students showcased chiropractic at the Sydney World Masters Games. Special congratulations to Peter Garbutt, Sara Winchester, Rosemary Giuirato and Larissa McGlade for their key work organising the many involved.

This year marks a very special anniversary of 20 Years of Chiropractic Education at Macquarie. 1990 was the international first class of chiropractors to be awarded Masters degrees in Chiropractic. We will celebrate this in fine style at a grand Reunion Dinner on Saturday August 14. The merger of the Sydney College of Chiropractic courses with Macquarie University also opened the opportunities to research for chiropractic. Research will be the theme for our Annual Topics in Contemporary Chiropractic Seminar on August 14. Full details and registration will follow in our next edition.

In the meantime go to: www.chiro.mq.edu.au/Alumni/

Anthony O'Reilly

Twenty Years at Macquarie

In 1990 we had around 60 students in the programme, we were still located at Summer Hill and not much had immediately changed following our merger with Macquarie. Today we have 685 students, 440 in the BChiroSc, and 245 in the MChiropr.

The big issue following the merger was our relocation onto the campus. We looked at possible locations within the existing buildings at Macquarie; a suggestion of perhaps a new purpose built building housing the Centre for Chiropractic & incorporating a new clinic was put forward then finally we were put into the old printery on the ground floor of the original University building.

Twenty years later we are still in the old printery building and up to two years ago it was the only dedicated teaching space for

Chiropractic despite our student numbers increasing ten-fold. Today we have twice the dedicated teaching space but obviously it is more accommodating for around 200 students rather than 685; so space continues to be a challenge for the University just as it was for the Sydney College in the 1980's.

It is a testament to the expertise & dedication of the staff, and the commitment of the students, that the teaching outcome is at the high standard that it is.

We had one full-time academic and one full-time administrative staff in 1990. Today we have fifteen full-time academic staff and four full-time professional (administrative) staff. Most staff has postgraduate degrees – 8 with PhDs, 3 with Masters and 3 currently enrolled in PhDs. We have 17 students currently

undertaking higher degrees by research – 12 PhD & 5 MPhil. In 1990 there were only 2 Chiropractors in Australia with a PhD, today there are at least 18.

In 1990 we had one teaching clinic at Summer Hill. Today we have, in addition to Summer Hill, clinics on campus, at Macquarie Park and at Eastwood.

The merger with Macquarie University was a significant development for the Chiropractic profession. It was the first chiropractic programme in the world to be fully incorporated with a public university. It immediately elevated Chiropractic as a legitimate health care profession. It has provided the training to enable the

creation of academic Chiropractors with the qualifications and skills to further research the founding principles & practise of Chiropractic. It has placed Macquarie University as one of the world's leading programmes in Chiropractic.

Peter Bull DC, MAppSc, FICC, FACC.

Director Postgraduate Studies, Department of Chiropractic

(Chairman, Sydney College of Chiropractic 1989-1993)

Scoliosis Update

As some of you know I have had an interest in scoliosis for many years and used chiropractic and Feldenkrais with some success, nothing published. While many chiropractors have helped scoliosis where a pelvic or lumbar tilt was the primary cause very few would claim to successfully treat the progressive idiopathic major right thoracic curve that often ends up fused with a Harrington Rod.

The Canadian government has spent \$20 million on scoliosis research and their researchers came up with three things; a blood test that found a factor that in those with a genetic predisposition to scoliosis is a strong indicator that they will suffer the disorder, a rod to be used instead of the Harrington rod that can change the direction of the curve as the child grows and therefore be used on younger children and a dynamic brace that uses elastic belts.

This brace was developed by Canadian orthopaedic specialist who have done hundreds of case studies on children with idiopathic thoracic and double curves and the results are good. I went to Melbourne recently and did the initial training to fit the brace under my son Jeb, a Macquarie chiro graduate who works as the research and development person with Spinecor in the UK. The next week under his supervision I put a twelve year old elite ballet dancer (with a primary lumbar rather than the classic idiopathic thoracic curve) in the brace with a shoe lift and we X rayed her in and out of the brace/lift and the primary lumbar curve went from 24 to 14 degrees and the thoracic curve from 20 to 10. She has a Risser sign of zero and has just started her growth spurt (4 cms in seven weeks). A promising start but lots of growth about to happen.

by Ken McAviney
Class of 1976

tCA Newsletter Profile: Sam Goor

1. Tell me about your practice?

I work in Tamworth (27kms) Mondays, Thursdays and Saturdays and Walcha(80kms) Tuesdays and Fridays. I work mainly with families and Health Care and I am showing people Preventative Health Care as an option. My daughter grew up in my practice and now two of my staff's Children have accompanied their mother to work while they were breastfeeding.

2. What are the main techniques utilized in your practice?

Gonstead, Diversified, some SOT, Cranial, some soft tissue, I recently learnt Webster Technique.

3. What are some of the significant points you have learned in setting up your practice?

Be consistent, have educated staff, be generous, love your work and take responsibility for your own business and outcomes, involve and educate your patients, make accurate and legible notes!!! Allow other people in your workplace their own space to show their own initiative and style.

4. You seem to have a zest for life and a love of your work. Do you have a personal mantra?

I love life, I can do whatever I want to if I work at it and believe in myself.

5. What was one significant thing that a teacher/mentor has said to you that has stuck?

Len Welsh told me when I was learning and new to Tamworth, that Patients travel between Chiropractors regularly and that was a healthy and normal thing and not to be upset by it. They were not any one persons "patients". And the more people that saw Chiropractors, the more people would see us all.

6. What piece of advice would you give to new graduates who might be thinking about starting up their own practice?

If possible, work with an experienced Chiropractor to start out. And work with all the Chiropractors in your community and network other health professionals.

7. What do you do in your spare time?

I play with my 9year old daughter Alina. We are members of the local swimming club and Pony Club, we ride and swim. My husband is teaching me to Snow Ski, and I love bushwalking, eating out, wine and movies/plays/ theatre and Jazz (not Country Music although the bush poetry is fantastic and the gypsy and bluegrass music is wonderful). We play under water hockey with friends. We have a small farm so we chase our own horses, dogs, cat, and chooks as well as the wildlife in and out of everything.

Celebrating the Golden Years: 50 Years of the Sydney College of Chiropractic

50 Years SCC - Golden Jubilee 1959 -2009!

The weekend of the 22nd and 23rd of August, 2009, saw the celebration of the 50th Anniversary of the Sydney College of Chiropractic. The Golden Jubilee, hosted by The Chiropractic Alumni, was a weekend for education, reminiscing and partying.

The weekend kicked off with a stellar line-up of speakers all on the topic of geriatric patient care. Prof. Rod Bonello started the morning with a musculoskeletal and clinical lecture on the best chiropractic approach to your new geriatric patient. Dr John Kelly shared his wisdom on aged care risk management, going through several real cases and outcomes. Our first external guest was Dr Bill Thoo, a staff specialist in geriatric medicine. He covered the role of the geriatrician in the aging demographic and common "Geriatric Giants" with evidence based medicine.

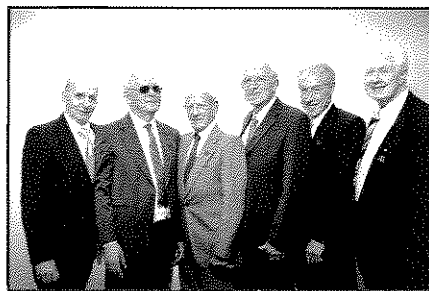
Our second medical speaker, Dr H. Kwon Kang, a Vitreoretinal Surgeon, gave an anatomically wonderful and informative lecture on the eye and the geriatric patient. His topic covered several common eye disorders of the aging and the common treatments. The afternoon was completed with a workshop covering the physical, emotional and chemical triad of treating the geriatric patient by none other than former college Principal Dr Gary Stavrou. His insights into not only adjusting, but nutrition was both informative and entertaining.

The Saturday night was one to remember. The room was buzzing with excitement at the significance of the evening. Fifty years of the Sydney College of Chiropractic reunion dinner saw our biggest turnout ever. With graduates represented from each of our reunion years, including the 40th year reunion, friends new and old were plentiful. Revealed on the evening was the first of our Academic

Honour Boards celebrating those who had achieved the Gary Stavrou Award for Manipulative Excellence. Reg Renouf was awarded a certificate of acknowledgement from The Chiropractic Alumni for his services to the profession. However, the highlight of the evening would have to have been the Knox Medallion winner, Alex Notenko's genuine surprise and humility and receiving the prestigious award. Congratulations to Alex and thank you for your years of service to the Chiropractic community. Thanks also go to Peter Bull for doing such a wonderful job as the MC for the evening.



The Sunday morning History Symposium was a trip down memory lane, remembering the good times, and the difficult times of how chiropractic started in Australia. From the first graduate Dr Arthur Wright, who told of his times with Alfred Kaufman and Pax College, to the amalgamation with Macquarie University with Dr Peter Bull and Dr Ken McAviney. Dr Leonie McMahon told of the College's fundraising efforts, Dr Des Donovan related how the success of the building fund and the role of the Knox family and Dr Alex Motmot took us through the 70's at the College. Drs Ed Devereaux, John Cice and Brian O'Reilly entertained the audience with their comprehensive history of the College, covering all facets from political to educational. It was an exciting preview of their upcoming book, which after their thorough presentation will be eagerly awaited.



The Chiropractic Alumni were overjoyed that the seminar weekend was a triumph, and are organising the 20th Anniversary of Chiropractic on 14 August 2010. Watch out for the Jubilee Pin on the lapel of the attendees, worn proudly for many years to come.



Larissa McGlade

The Chiropractic Alumni is organising your Year Reunion!

Did you graduate with any of the following?: Alex Taylor, Clive Bond, David Neal, Janette Gibbs, Rosemary Giuriato, Anne Lyell, Peter Garbutt, Katrina Ward, or Julie Uren. This an early notice for graduates from 1965, '70, '75, '80, '85, '90, '95, 2000 and '05 (that is, the year you completed your final exams). Major class reunions are being

planned for August 14 this year. Further information will be provided by The Chiropractic Alumni and your class representative. Contact tCa for further details or your those in your year.

Upcoming Events:

- | | |
|---------|-------------------------------------|
| (May 8) | Quo Vadis Forum |
| Aug 14 | 20 Years Chiro Masters at Macquarie |
| Aug 14 | Annual Seminar |
| Oct 16 | CAAN Breakfast Cairns |

tCa Membership Application....

- \$150 Two year subscription
- \$295 Five year subscription

Payment Details:

Post to PO Box 1516
Macquarie Centre NSW 2113
Fax to 02 9631 2984

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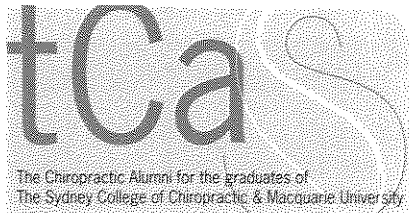
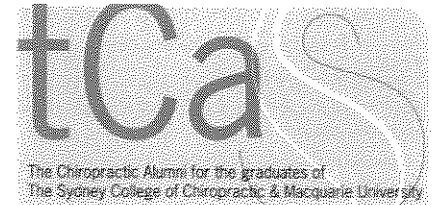
- \$100
- \$250
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- \$1000

Total Payment: _____

The goal of The Chiropractic Alumni is to provide continuity and a sense of pride amongst the graduates of the Sydney College of Chiropractic and Macquarie University.

The tCa will contribute to the student life, host continuing education seminars and fundraising activities in an effort to bring chiropractors together in a fun, worthwhile environment.

The continuing education of tCa members, professional support to new graduates and mentoring systems are a great focus of tCa.



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