Fall risk in Parkinson’s disease
by Serene Paul, BAppSc (Phty) (Hons), PhD
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on Tuesday, 25 March, 1-2pm, in the Biology Tearoom, E8A 280

Falls are common in people with Parkinson’s disease, with fall rates twice as high compared to people with Parkinson’s disease. Predicting level of fall risk and understanding which fall risk factors are potentially modifiable with intervention will assist with delivery of fall prevention strategies. This presentation will provide an update on fall risk factors and explore the latest evidence for fall prevention strategies for people with Parkinson’s disease.

Serene is a physiotherapist with experience in neurological and aged care rehabilitation. Her PhD thesis investigated leg muscle power and fall risk in people with Parkinson’s disease. Her research interests are in neurological rehabilitation and aged care, specifically improving physical activity and minimizing falls in people with Parkinson’s disease and in older adults.