Whether students or seasoned clinicians, most find it difficult to confidently explain what happens when a manipulation is applied to our patients. While some focus on the biomechanics and others prefer the neurological, the latest research paints a completely new story that is "must have" knowledge for chiropractors around the globe. This talk will take the audience through how our understanding of treatment is evolving and how the chiropractor of today can make this new knowledge part of their everyday practice.